

# #BLACKLIVESMATTER

WHAT CAN WE DO?



This is not a new fight, it predates us all, but we need to make sure it does not outlive us, so we must build an ongoing dialogue. As a white male living in Britain; I acknowledge my undue privilege and insist we must do better as a society, from overt acts of hate to 'routine' microaggressions - we need to stamp this out. It has never been right to remain silent on the subject of institutionalised and systemic racism, but now more than ever it is impossible to ignore the bravery we are seeing from so many, and it is imperative that we find that bravery within ourselves to speak up, address these injustices, have those difficult conversations, internally reflect and decisively educate each other - ignorance is bliss only for those without courage.



There has been a vast amount of content shared online over the past week, and it is easy to miss things on social media, so I have decided to create this document to help share the things I have found most insightful and informative. I encourage you to share it with others.

Anyone who grew up in the UK will understand the way the education system has failed us. Our curriculum has been somewhat curated to protect white fragility, so my first suggestion to anyone, is to dig deeper, research black history, and find out about the role Britain has played. There are a number of petitions circulating for the reform of the current educational syllabus, and you can find out more about this via [change.org](https://change.org).

The main way anyone can help in the fight against racism is by arming themselves with knowledge, by doing so we help keep the discussion alive. We cannot let this conversation fall silent, as this is not momentary injustice.

Below is a short and by no means exhaustive list of books that you might find helpful. I have provided links to each, most may have sold out, in which case you can download them through the Kindle app.

There are many ways we can show solidarity and help here in the UK. If you are able to support charities and funds, please consider donating - see the list of links below where you can do so:

**STAND UP TO RACISM UK** - Bringing all struggles together to fight as one

**BLACK LIVES MATTER** - A global organisation which aims to eradicate white supremacy

**RUNNYMEDE** - UK's leading think tank for racial equality

**MINNESOTA FREEDOM FUND** - An organisation that pays bail charges for those arrested during protests

**NAACP LEGAL DEFENCE FUND** - Supports racial justice through the legal system, education and advocacy work in the US

**THE BAIL PROJECT** - A nonprofit aiming to reduce the number of incarcerations through bail reform

**THE MOVEMENT FOR BLACK LIVES** - Increasing the influence of black political power

Through the world of social media there is a plethora of content and accounts you can engage with to help garner knowledge and understanding. I have compiled a short list of activists and social channels that you might wish to follow:

[Nova Reid @novareidofficial](#)

[Shaun King @shaunking](#)

[Black Lives Matter @blklivesmatter](#)

[Munroe Bergdorf @munroebergdorf](#)

[The Conscious Kid @theconsciouskid](#)

[Gal-Dem @galdemzine](#)

[Layla F Saad @laylafsaad](#)

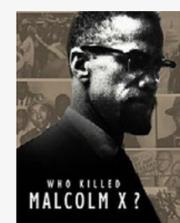
[Reni Eddo-Lodge @renieddodge](#)

[Rachel Cargle @rachel.cargle](#)

[Check Your Privilege @ckyourprivilege](#)

Another way in which we can educate ourselves on this global and urgent struggle is by watching documentaries and dramas.

Below is a list of programmes currently available on Netflix with links:



**WHO KILLED MALCOM X**  
An insight into Malcom X, his beliefs and his mysterious death



**WHEN THEY SEE US**  
Based on true events, 5 teenage boys wrongly accused of murder



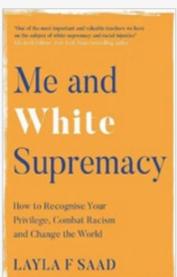
**TIME: THE KALIEF BROWDER STORY**  
The story of a teenager wrongly convicted of theft



**13TH**  
A Documentary analysing the criminalisation of African Americans in the US prison system



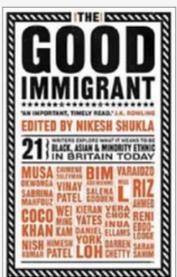
**EXPLAINED: THE RACIAL WEALTH GAP**  
This will help explain the concept of 'White Privilege'



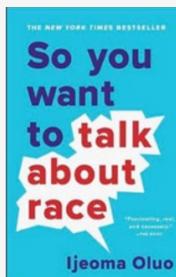
Layla F Saad



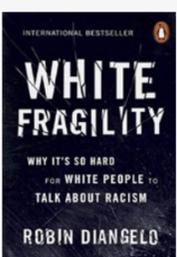
Wesley Lowery



Nikesh Shukla



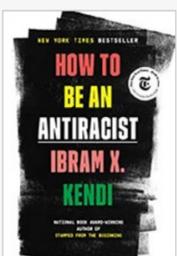
Ijeoma Oluo



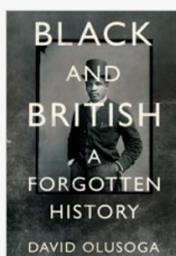
Robin DiAngelo



Reni Eddo-Lodge



Ibram X. Kendi



David Olusoga

## ADDITIONAL RESOURCES:

Please find a small selection of powerful articles and videos that I have found insightful.

[Why You Need to Stop Saying "All Lives Matter"](#) - Rachel Cargle

[Not all superheroes wear capes-how you have the power to change the world](#) - Nova Reid

[Let's get to the root of racial injustice](#) - Megan Ming Francis

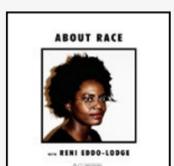
## PODCASTS (links provided):



INTERSECTIONALITY MATTERS



POD SAVE THE PEOPLE



ABOUT RACE



CODE SWITCH



CONVERSATIONS WITH NOVA REID



THE ECHO CHAMBER



1619 NEW YORK TIMES